

# Awards, Honors, and Recognitions

(January 1, 2018- May 11, 2018)

## A. Senior Fulbright Research Scholar Award



(From left to right) Dr. Trish Parish, Vice President for Academic Affairs, Associate Dean Jackie Montgomery, Dr. Daya Singh Sandhu, and Dr. William Luckey, President of the Lindsey Wilson College were all excited upon receiving the great news from the Council for International Exchange of Scholars (CIES). This news was shared by Dr. Sandhu at President Luckey's Office.

I felt like receiving the *Tripple Crown Trophy (LOL)* in the race of research and scholarship after the highly prestigious Fulbright Research fellowship was awarded to me three times (2002, 2010 and 2018). I completed my research project at the Punjabi University Patiala, Punjab, India in May, 2018. A voluminous of data were collected for my research project,





First meeting with Dr. Baldev Singh Sandhu, Former Head of Psychology Department and Dean of College Arts and Sciences.







Joined the Punjabi University Patiala, Punjab, India to conduct my research study.



After my two hours lecture in a graduate class of psychology at the Punjabi University.

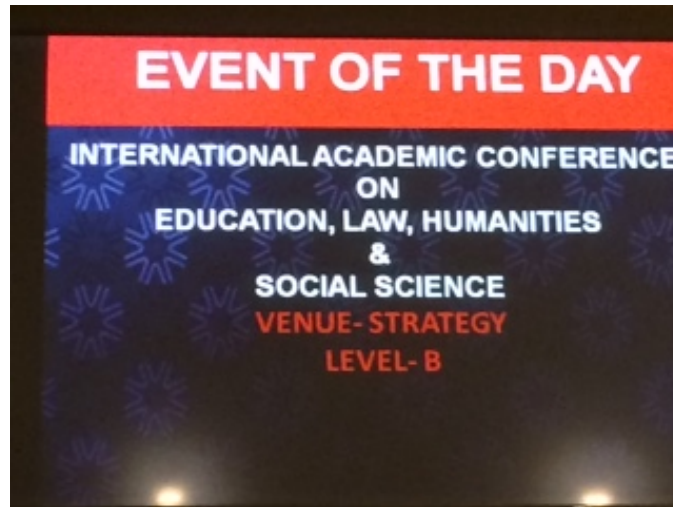
## B. Presentations



### **International Conferences at Panaji, Goa, INDIA January 19-21, 2018**

Collocated International Conferences organized by Universal Research Foundation (URF) in association with Sharda University and Chirala Group of Colleges during 19-21 January 2018 at Vivanta by TAJ Panaji Goa INDIA. IRECS-2018, IACCMHT-2018 and IACELHS-2018. Contributions from 5 Countries including USA, Jordan, Saudi Arabia, Kenya. More than 100 presentation summaries were included in the schedule of the conference after reviewed by the Conference Committee. All the Full Length Papers have been published/accepted for the publication in the Peer Reviewed International Journals of Repute (UGC approved in INDIA).





**International Conference on  
Innovative Research in Engineering,  
Computers and Sciences  
(IRECS-2018)**

**January 19-21, 2018**

**Conference Venue  
Vivanta by Taj  
Panaji Goa INDIA**

**International Academic Conference on  
Education, Law, Humanities & Social Sciences  
(IACELHS-2018)**

**January 19-21, 2018**

**Conference Venue  
Vivanta by Taj  
Panaji Goa INDIA**

**International Academic Conference on  
Commerce, Management, Hospitality & Tourism  
(IACCMHT-2018)**

**January 19-21, 2018**

**Conference Venue  
Vivanta by Taj  
Panaji Goa INDIA**



Dr. Sandhu as the Chief Guest of Honor speech.



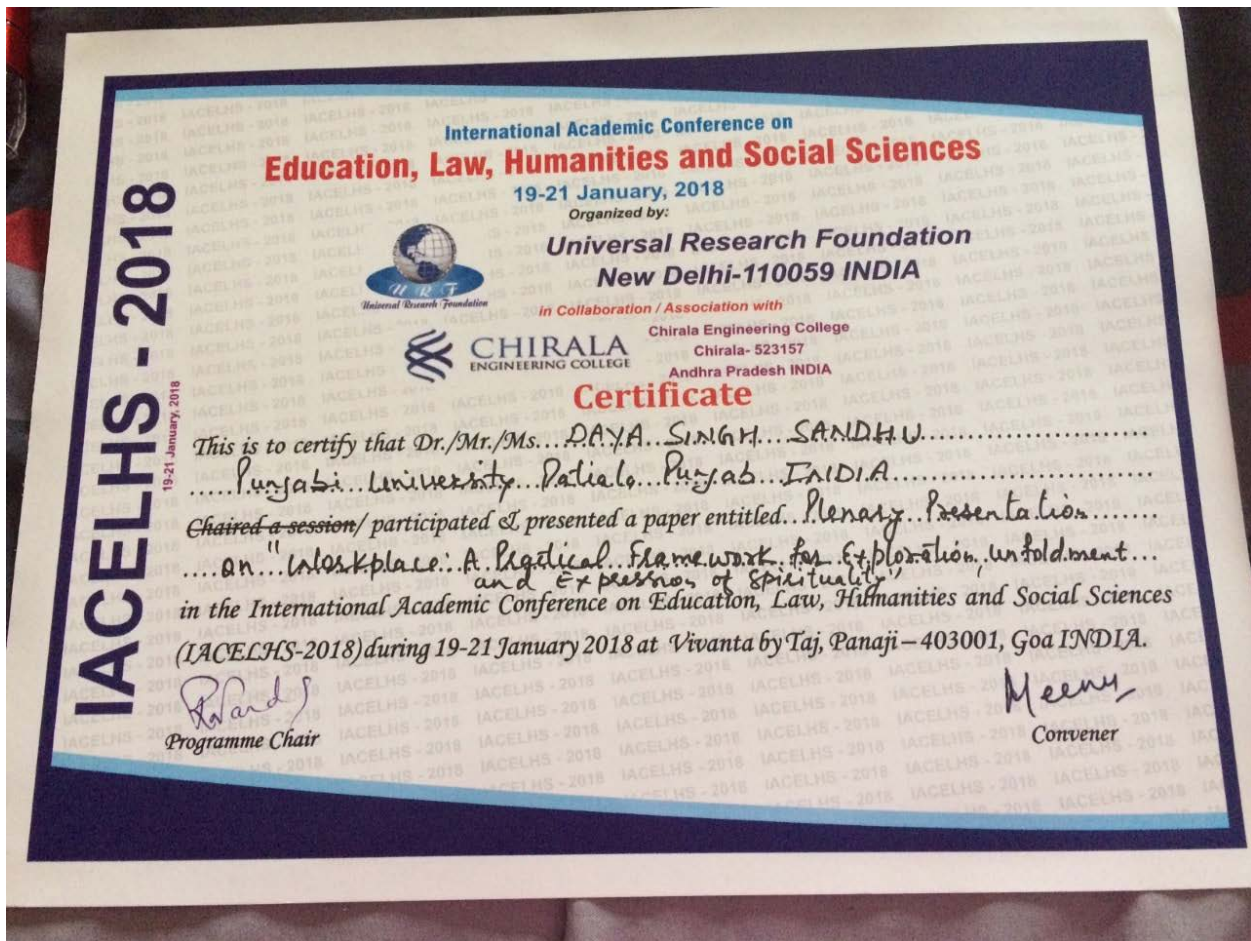
Dr. Sandhu delivering his keynote





Dr. Sandhu receiving certificate for making a presentation at the three parallel conferences in Panajim, Goa in India. Dr. Sandhu was the Chief Guest of Honor and the keynote speaker for three parallel international conferences.

**Title of the presentation: Workplace: A Practical Framework for Exploration, Unfoldment, and Expression of Spirituality**



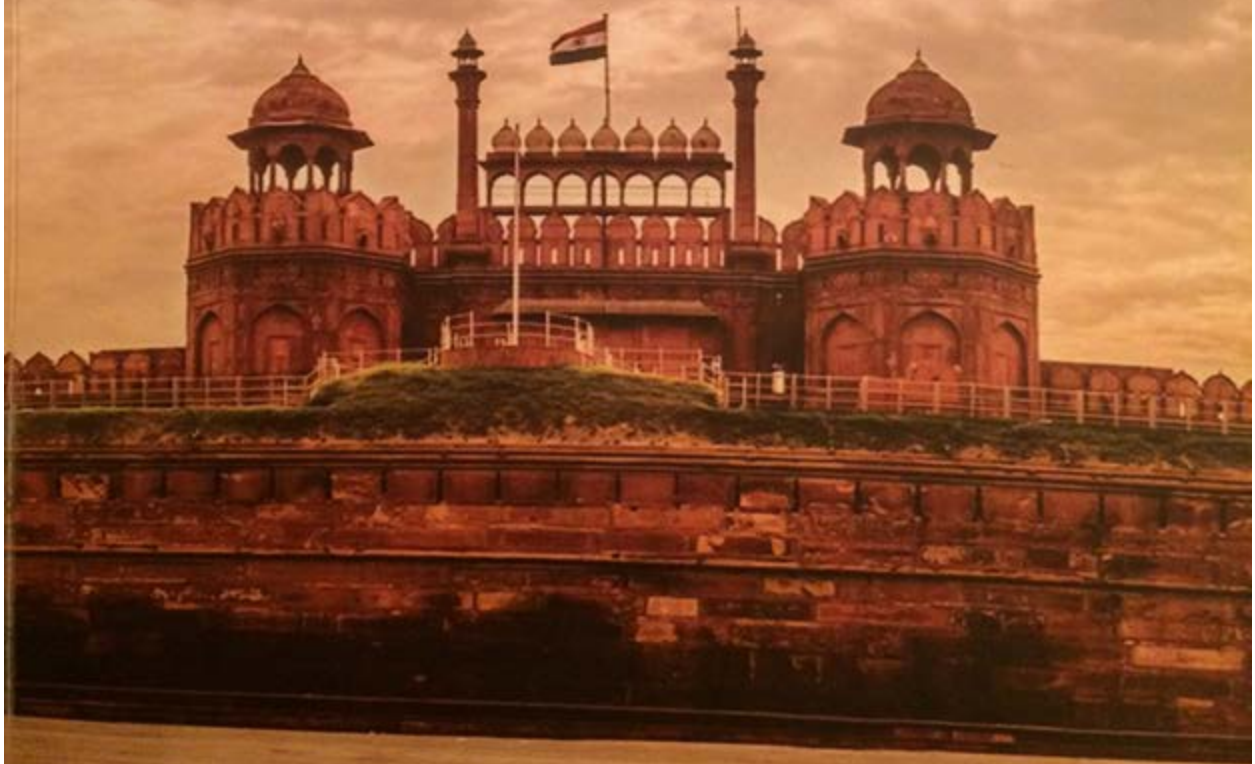
### C. South and Central Asia Fulbright Conference

FULBRIGHT



# SOUTH AND CENTRAL ASIA FULBRIGHT CONFERENCE

February 26-28, 2018  
New Delhi, India



United States-India Educational Foundation



After making my presentation at the South and Central Fulbright Conference held at New Delhi from February 26-28, 2018.



A group picture of all participants from seven different countries who attended the South and Central Fulbright Conference from February 26-28, 2018 at New Delhi.





Dr. Daya Sandhu with USIEF Executive Director Adam Grotzky in New Delhi at the annual convention.



**USIEF Mission**

To promote mutual understanding through  
educational and cultural exchange



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I had a great opportunity of meeting with Dr. Gopal Krishnan Gandhi, the grandson of Mahatma Gandhi. Dr. Gandhi has served as the Governor of Bihar and West Bengal. He also served as an IAS Officer and professor of history and politics.

# United States-India Educational Foundation



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We visited the Golden Temple, the holiest shrine of the Sikhs, on March 3, 2018, on my birthday.

#### **D. An Award of Love from People of My Native Village**



I call this award an award of love. The people of my village and its administration honored me when I visited my village. I also performed Ribbon Cutting Ceremony at the opening of a new library and a new Guru Nanak Mission Hospital. Additional information could be reviewed at,





<https://www.youtube.com/watch?v=p6qtsL71bMQ&feature=youtu.be>. Ceremony was aired at the Sur Punjab, Punjab, India.

#### **E. Chief of Guest at International Conference at Aligarh Moslem University**

I was invited to deliver a keynote speech as a Guest of Honor at India's highly prestigious Aligarh Muslim University on March 24-25, 2018.



**International Conference**

on

**Mental Health for Sustainable  
Human Development**

24th-25th March 2018

Organized by  
**Department of Psychology**  
Aligarh Muslim University, Aligarh-202002 (India)





International Conference on  
Mental Health for  
Sustainable Human Development

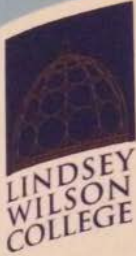
24<sup>th</sup>-25<sup>th</sup> March, 2018



Prof. D.S. Sandhu  
Guest of Honour

Department of Psychology  
Aligarh Muslim University, Aligarh





### **MESSAGE**

Dear Professional Colleagues and Friends,  
Greetings!

It is with an immense pleasure and great honor, I take this opportunity to extend a warm welcome to all of you to attend this International Conference on Mental Health for Sustained Human Development. Your active participation and scholarly presentations will be greatly appreciated to enhance these newly initiated efforts for sustained human development. I would also like to thank, appreciate, and applaud the elite faculty of the Psychology Department of the Aligarh Muslim University to organize this stellar international conference. I am sure that their thoughtful new initiatives to highlight the significance of mental health as the sine qua non of human welfare and global health will bring worldwide appreciation and recognition. From the core of my heart, I highly commend and congratulate Department of Psychology Aligarh Muslim University for launching this great movement.

With my best wishes and warmest regards!  
Sincerely,

*Daya Singh Sandhu*

Prof. (Dr.) Daya Singh Sandhu, Ed.D., NCC, NCCC, NCSC, LPCC (Hind Rattan)  
Senior Fulbright Research Scholar (2002, 2010, 2017).  
Fellow: American Counseling Association  
Diplomate: American Mental Health Counselors Association  
President: Association of Multicultural Counseling and Development  
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**F. A Keynote Presenter at the International Conference at Jalandhar City, Punjab**



I was the keynote presenter who conducted International Conference for two hours at the *Hans Raj Mahala Maha Vidayala Jalandhar*. My presentation focused on, “*Coping with stress, mental depression, and suicide ideations.*”







Information about my presentations was published in many state and national newspapers and in many different languages. For instance following is in Hindi language published in a Daily Newspaper called in Hindi, *Daink Bhaskar*.

# स्टूडेंट्स को दिए स्ट्रेस से बचाव के टिप्स

एजुकेशन रिपोर्ट | जालंधर

एचएमवी के साइकोलॉजी विभाग की ओर से तनाव, मानसिक अवसाद व आत्महत्या के विचार कारक, कारण व मुकाबला रणनीतियां विषय पर अंतरराष्ट्रीय वर्कशॉप का आयोजन किया गया। बतौर रिसोर्स पर्सन लिंडसे विल्सन कॉलेज के डायरेक्टर ऑफ रिसर्च डॉ. दया सिंह संधू उपस्थित थे। उनकी पत्नी ऊषा संधू भी उनके साथ उपस्थित थे। साइकोलॉजी विभागाध्यक्षा डॉ. आशमीन कौर ने प्लॉटर के साथ उनका स्वागत किया तथा वर्कशॉप का परिचय दिया। डॉ. दया सिंह संधू ने कहा कि पूरे

प्रतिभागियों को स्वयं से बात करने की दी एडवाइज



साइकोलॉजी विभागाध्यक्षा डॉ. आशमीन कौर ने मुख्य मेहमान का स्वागत किया।

विश्व में मानसिक स्वास्थ्य संकट चल रहा है। उन्होंने आंकड़े देते हुए बताया कि विश्व में 1.52 बिलियन लोगों को मानसिक सहायता की

आवश्यकता है जोकि बहुत गंभीर स्थिति है। उन्होंने कहा कि 95 प्रतिशत समस्याओं का कारण तनाव है।

डॉ. दया सिंह संधू ने प्रतिभागियों को स्वयं से बात करने की सलाह दी। आत्महत्या का प्रयास कुछ सेकेंड के क्षम का परिणाम है। उन्होंने स्ट्रेस से बचाव पर प्रेडिक्टकल सेशन भी आयोजित किया। प्रिंसिपल प्रो. डॉ. अजय सरीन ने रिसोर्स पर्सन को सम्मानित किया तथा कहा कि इस प्रकार की वर्कशॉप युवा पीढ़ी को यह बताने के लिए आवश्यक है कि आत्महत्या किसी समस्या का हल नहीं है। साइकोलॉजी विभाग की डॉ. शरनजीत कौर ने सभी का धन्यवाद किया। इस अवसर पर विभिन्न विभागों के अध्यापक व छात्राएं उपस्थित थीं।

दैनिक भास्कर

जालंधर, बुधवार 18 अप्रैल, 2018 | 05

G. Presentations at Medical School of the Kathmandu University  
in  
Nepal





M.B.B.S (medical doctors) class at the University of Kathmandu



Meeting with the Vice-Chancellor of the University of Kathmandu, Dr. Ram Kantha Makaju Shrestha.



A

**THE END**