

Dear Student-Athlete:

It is that time of year when paperwork needs to be completed. This year the forms will be available online at Lindsey Wilson College's athletic home page. They may be found under the athletic training section (www.lindseyathletics.com/f/Athletic_Training.php). Please have the forms completed and returned by August 1, 2016.

A copy of your current health insurance card (front and back) will need to be included with the insurance form. Please check with your parents and/or guardians to see if you are covered by their health insurance. You are **required** to have a primary health insurance, since Lindsey Wilson College Athletic Insurance is considered a secondary policy. Lindsey Wilson College has a health insurance program in place, which may be purchased for a full year of coverage.

Athletic physicals may be completed on campus. It is a free service offered during the set dates only and helps the athletes meet the physicians that will be responsible for their care during the school year. If you are unable to attend physicals with your team, you will need to get a physical with a physician of your choice (MD, DO, PA, NPC), **NO CHIROPRACTORS**. However, you **WILL NOT** be allowed to participate in practice and/or competitions until you have returned all of the completed forms.

Physical dates are August 1, August 6, and August 20. The schedule for the each date is included with this letter.

If your paperwork is not completed and submitted to the Lindsey Wilson Sports Medicine Department BEFORE your scheduled physical time, you will NOT be allowed to receive the free physical. Please remember that you must have a physical completed and on file before you will be allowed to participate in practice and/or competitions.

If you have any questions, please feel free to contact the athletic training room at (270) 384-8167 or (270) 384-7392.

Sincerely,

The Lindsey Wilson Sports Medicine Department

Physical dates are as follows:

Monday, August 1, 2016:

- Volleyball at 8:30 am
- Football at 9:00am
- Cross Country at 11:30 am

Saturday, August 6, 2016:

- Men's Varsity Soccer at 8:00 am
- Women's Varsity Soccer at 8:30 am
- Cross Country at 9:00 am
- Cheerleading at 9:30 am
- Cycling at 9:30 am

Saturday, August 20, 2016:

- Baseball at 8:00 am
- Softball at 8:30 am
- Men's Basketball at 9:00 am
- Women's Basketball at 9:15 am
- Bowling at 9:30 am
- Golf at 9:30 am
- Swimming at 9:45 am
- Wrestling at 10 am
- Track and Field at 10:30 am
- Tennis at 11:00 am
- Dance at 11:15 am
- JV Men's Soccer at 11:30 am
- JV Women's Soccer at 11:45 am
- JV Volleyball at 12:00 pm
- Cycling at 12:00 pm